



October 10/23/22

#BACKTHEFUTURE

WOLFORD



PTA NEWSLETTER

Who are we?

The Wolford PTA exists to help make every child's potential a reality by engaging and empowering families and communities to advocate for all children.

How can you help?

Join the PTA! Sign up to serve on committees throughout the year. Sign up to be a MISD volunteer. Don't forget to complete your background check each year at <https://www.mckinneyisd.net/human-resources/volunteer/>



**everyone can
back the future**

AT WOLFORD ELEMENTARY PTA

www.wolfordpta.membershiptoolkit.com

Membership

Membership fees are as follows:

- Individual member \$8.50
- Family (2 adults only) \$17
- Student member \$5



This year we will have student members. These students will be able to help with various things in and around the school such as recycling, environmental, program selection and more! Use the QR code above to join!

every child. one voice

PTA helps with so many things throughout the school year! Here are just a few that we have planned for the year ahead!

- Chalk the Walk
- Tears & Cheers Breakfast
- Class Parties
- Programs for parents, students, and the community
- Donuts with Dad
- Muffins with Mom
- Valentines Day Dance
- Spring Carnival



for more information
ptawolford@gmail.com
and

follow us on social media



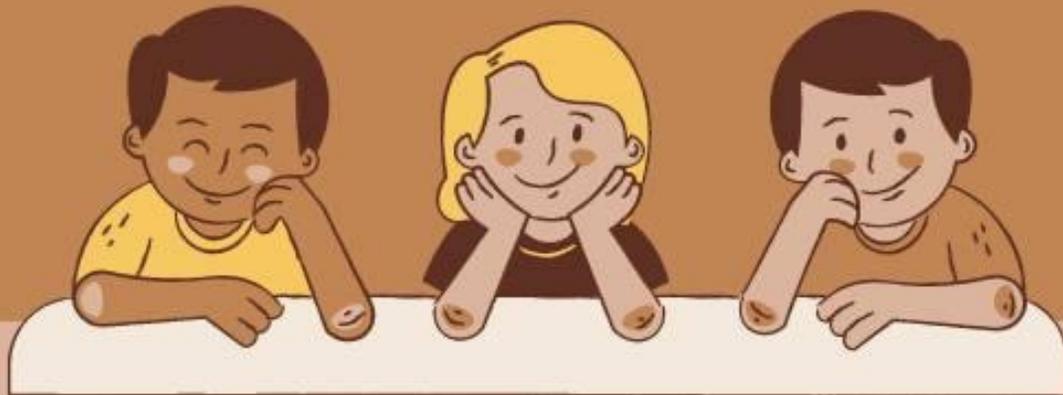
LUNCH & LEARN

The Wolford PTA and Therapy on the Square present:

Mindful Parenting to Reduce Student Stress & Anxiety

Tuesday, October 25 @ 12 noon in the Wolford Library

During this Lunch & Learn presentation, Licensed Professional Counselor Associate Tania Kader will share basic child-centered play therapy principles and skills parents can use at home.



Therapy on the Square (TOTS) is a private practice located in downtown McKinney off of Louisiana St. TOTS counselors specialize in play therapy, family therapy, couples counseling, and individual and group services.

General PTA meeting to follow!

Parents must present an ID to enter the building for this event.



SPIRIT NIGHT!

JEREMIAH'S ITALIAN ICE

THURSDAY, OCTOBER 27TH

7820 ELDORADO PARKWAY

HEALTHY KIDS TIP OF THE WEEK AVOID THE "CLEAN PLATE" RULE



Did you ever set a clean plate rule? If yes, then it is time to change the rules. Children often eat based on their hunger and their sensation of fullness. Forcing a child to clean their plate could lead to overeating.

Also, parents who reward a clean plate with a dessert or other attractive food items may unknowingly cause the child to develop unhealthy food habits.

Experts state that there is no reason to force a child to clean their plate, and children should be left to their own accord when it comes to finishing their meal (5). If your child is a fussy eater, you may experiment with different types of food preparations.

However, if your child is underweight, has developmental problems, or consistently eats poorly, speak to a pediatrician or pediatric nutritionist.



PTA ART REFLECTIONS CONTEST

SHOW YOUR VOICE!



WOLFORD, SHOW YOUR ARTISTIC SIDE!

PTA is excited to announce the Reflections Program theme for this year is "Show Your Voice" and we are calling for all creative types to enter!! One member of your household must be a member of the Wolford PTA.

Entries due Monday, October 31st!!



RULES & INSTRUCTIONS



PARENTS, here is a video to help further understand the contest and share with your children.

https://docs.google.com/presentation/d/12YgK4wduJPbsfH-GHTIsiHLdBJLzsQhzx3HcnbL6RGA/edit#slide=id.g15338d9f24d_0_16

A packet also came home this week with all the information and instructions for each category, along with the entry form that needs to be completed. If you have any questions, please feel free to reach out to Maria Sloan (PTA Arts in Education Chair) or Mrs. Diepenbrock (our art teacher).

Maria Sloan: wolfordartineducation@gmail.com



Mrs. Diepenbrock: cdiepenbrock@mckinneyisd.net

RED RIBBON WEEK

October 24th-28th, 2022

“CELEBRATE LIFE-LIVE DRUG FREE!”

**I PROMISE TO MAKE HEALTHY CHOICES AND TO BE
DRUG & BULLY FREE!**

- **OCTOBER 24TH WEAR RED**

Participate in life while making healthy choices!

- **OCTOBER 25TH WEAR SOMETHING WACKY**

Dare to be different!

- **OCTOBER 26TH WEAR PAJAMAS TODAY**

Follow your dreams by making healthy choices!

- **OCTOBER 27TH WEAR YOUR FAVORITE SWEATS**

Don't sweat the small stuff!

- **OCTOBER 28TH WEAR WOLFORD SPIRIT WEAR**

Remind yourself we are all loved and connected!

PACK RALLY COLORS

Pack Colors 2022-2023

	Red	Blue	Green
Kindergarten	Branch	Pyburn	Compton
First Grade	Paris	Venters	Johnson
Second Grade	Black	Burgos	Garza
Third Grade	Aiello	Knowles	Davis
Fourth Grade	Matthews	Entrekin	Gusa
Fifth Grade	Lazarus	McGilvray	Ragle Helm

ADMIN, Specials, Speech, Dyslexia, Special Education will not have a set color since they interact with all students. They will represent all 3.

