

November Newsletter



Important Dates

- 1- Therapeutic Art w/ Ms. Ponce
- 2- Focus Group w/ Shannon White (Grace to Change)
- 3- One-on-Ones w/ Marci Patton
- 4- Community Service (Collin County Animal Services)
- 7- Yoga w/ Mary Hellen
- 8- Therapeutic Art w/ Ms. Ponce
- 9-Focus Group w/ Shannon White (Grace to Change)
- 10- One-on-Ones w/ Marci Patton
- 11- Community Service (Collin County Animal Services) & Student of the Month Luncheon
- 14- Joyful Pilates w/ Anne Smith
- 15- Therapeutic Art w/ Ms. Ponce
- 16- Focus Group w/ Shannon White (Grace to Change)
- 17- One-on-Ones w/ Marci Patton & Sobersversary Celebration!
- 18- Thanksgiving Feast
- 21-25- THANKSGIVING BREAK! (NO SCHOOL)
- 28- Joyful Pilates w/ Anne Smith
- 29-Therapeutic Art w/ Ms. Ponce
- 30-Focus Group w/ Shannon White (Grace to Change)

McKinney Rotary Club's Student of the Month

MADDI

Maddi will be recognized at the McKinney Rotary Club's Luncheon in November. We are so proud of her accomplishments both academically and personally!



FENTANYL: THE FACTS

Fentanyl is a potent synthetic opioid drug approved by the FDA for pain relief and anesthetic.

100X STRONGER THAN MORPHINE

Fentanyl is being mixed with other drugs, such as cocaine, oxycodone, and Adderall. People are often unaware fentanyl has been added.

4 OUT OF EVERY 10 PILLS CONTAIN A POTENTIALLY LETHAL DOSE

2 SALT-SIZED GRAINS OF FENTANYL CAN KILL

560% IN OVERDOSE DEATHS IN 2020 INCREASE FUELED BY FENTANYL

CRIMINAL DRUG NETWORKS ARE FLOODING THE MARKET WITH FAKE PILLS LACED WITH FENTANYL.

Fake prescription pills are easily accessible and often sold on social media and e-commerce platforms making them available to anyone with a smartphone, including minors.

WHO'S AT RISK?
CASUAL USERS, PARTYGOERS, EXPERIMENTERS, REGULAR USERS, AND EVEN UNSUSPECTING BYSTANDERS WHO MAY COME INTO CONTACT WITH THE POWERFUL OPIOID.

Even if substance use is the last thing you need to worry about with your kid, perhaps their awareness could save a friend.

Talk to them today about the risks of fentanyl.

LEARN MORE AT WWW.NATURALHIGH.ORG/FENTANYL

Dean's Corner

Red Ribbon Week was a great success! Our dress-up days were fun and everyone got involved in celebrating being drug free. Some of the topics discussed and activities we participated in were:

We watched the youth version of the film "Dead on Arrival" and discussed the dangers of fentanyl. Students had many misconceptions about fentanyl and were shocked about many of the facts they learned. We discussed spreading the word to help save lives! Look above at the fentanyl fact sheet we reviewed, many facts might shock you too!

We learned about natural highs and the science behind them. Students discussed and researched their natural highs, along with ways they can engage more in their natural high. Students signed pledges to live naturally high.

Students watched a "Natural High" video about Mike Conley, Jr. (Pro. Basketball Player) and followed it with a great discussion about not making excuses and holding themselves accountable to higher level when it comes to peer pressure and being triggered. Each student also developed personal support teams that they can reach out to and count on.



Red Ribbon Week Proud to be Drug-Free

