

McKinney Independent School District
School Health Advisory Committee
Celebrations the McKinney Way



*Making you aware
because we care.*

Educating, Eating Right and Exercising

Dear Parents:

As you know, the future health of our children is important. During the 2009-2010 school year, the McKinney ISD Health Advisory Committee voted in support of a recommendation to no longer allow parents to bring homemade treats into the school for birthdays and the designated three parties per school year. In the school year 2011-2012, we took this decision a step further to ensure the health and safety of our students. Our focus included food allergies, diversity of diets, obesity and its related health conditions, and the overall safety of our students. Therefore, we will no longer be celebrating birthdays with parties in the cafeteria or classroom with any food items. We want our focus to be on the children's health and wellness as healthy, stronger bodies equal stronger minds.

We are also encouraging parents, if snacks are sent to school, to only send healthy snacks that fuel the brain for learning.

For the school year 2019-2020, the food options for the three designated parties per year will be determined by the campus administrator working with the campus coordinated health team and PTA/PTO representatives.

All of these party options will continue to have only pre-packaged food items, with a nutritional label, allowed, only one of the food items may be a food that does not meet the SMART snack calculator guidelines for each child. These options will continue to increase awareness in our children and parents, and eliminate a potential life-threatening danger from food allergies. We really appreciate your support and assistance in protecting our students.

If you have any questions, please do not hesitate to contact Julie Blankenship, MISD School Health Advisory Chair/Director of Health Services at JBlankenship@mckinneyisd.net . Again, thank you for assisting our health and wellness team in protecting our children and offering a better way to celebrate those special days at school.

The MISD School Health Advisory Committee