SERENITY HIGH

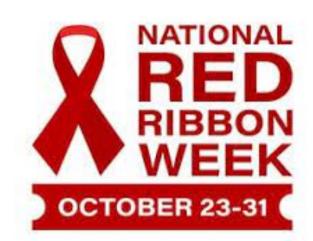
OCTOBER 2023 NEWSLETTER

IMPORTANT DATES

10/2- Yoga W/Mary 10/3- Mind, Body, and Soul W/Nida 10/4- Focus Group W/Shannon (Grace to Change) 10/5- One-on-Ones W/Marci 10/6- Fall Break - Staff Development Day-No School for Students 10/9- Columbus Day - No School 10/10- Fall Break - Staff Development Day-No School for Students 10/11- Focus Group W/Shannon (Grace to Change) 10/12 - One-on-Ones W/Marci 10/13- Community Service 10/16- Yoga W/Mary 10/18- PSAT 10/19- One-on-Ones W/Marci 10/20- Community Service 10/23- 10/31- Red Ribbon Week & & Pilates W/Anne 10/24- Mind, Body, and Soul W/Nida 10/25- Focus Group W/Shannon (Grace to Change) 10/26- One-on-ones W/Marci & Soberversary Party 10/27- Community Service 10/30- Yoga W/Mary 10/31- Halloween

JOIN US ON FACEBOOK!





See Serenity's Red Ribbon Week details on page 2!

DEAN'S CORNER

SEEKING MENTORS

Are you interested in being a Serenity High mentor? Our mentors meet with their mentee once a Week during the school day to support students and follow along encouraging them through high school. If you are interested, please email our Dean of Students, Allie Long, at allong@mckinneyisd.net. She will send you background check information and there is a one hour training through MISD that you will need to attend. Thank you in advance for Wanting to positively impact a student's life!

> A mentor is someone who allows you to see the hope inside yourself.

red ribbon WEEK OCTOBER 23-27, 2023

MONDAY:



Proud to Be Drug Free: Wear Red to kick off Red Ribbon Week

Overdose Awareness Guest Speaker: Angie Rogers

TUESDAY:



Lei Off Drugs - Wear a lei and/or Hawaiian clothes

Drug Awareness Art

WEDNESDAY:



Wake Up Drug Free - PJ Day

Natural High Discussion, Pledge 7 Personal Plans

THURSDAY:



Team Up Against Drugs -Wear your favorite sports shirt or jersey

Drug Awareness Art

FRIDAY:



Drugs are Scary - Wear a school appropriate Halloween costumes (no masks, no blood/gore)



Natural High Video & Discussion

